



## Tri-County Schools Lunch Menu

This institution is an equal opportunity provider

**October 2 – 6, 2017**



<b>Monday, October 2</b>	Hamburger or Cheeseburger French Fries Green Beans
<b>Tuesday, October 3</b>	Chicken Stir Fry over Rice
<b>Wednesday, October 4</b>	Baked Potato Bar Broccoli Cheese Sauce, Bacon, Butter, Sour cream
<b>Thursday, October 5</b>	Turkey Divan over pasta Peas
<b>Friday, October 6</b>	HALF DAY!! Brown Bag Lunch

### **FRUIT AND SALAD BAR:**

Mixed greens, baby carrots, grape tomatoes, cucumbers, olives, peppers, grapes, watermelon, honey dew melon, pineapple, cantaloupe, low fat cottage cheese, cubed cheese, eggs, fat free yogurt, wheat thins, wholegrain diner roll.

**ALL MEALS SERVED WITH YOUR CHOICE OF:  
1% MILK, FAT FREE STRAWBERRY MILK,  
FAT FREE CHOCOLATE MILK, AND 4oz OF JUICE**

**PLEASE INFORM SERVER OF ANY ALLERGIES**