



Tri-County Schools Lunch Menu

This institution is an equal opportunity provider

October 23 – 27, 2017



Monday, October 23	Meatloaf Mashed Potatoes Peas & Carrots
Tuesday, October 24	Chicken Fajita Beans & Rice Peppers & Onions
Wednesday, October 25	Roast Turkey Dinner Stuffing Green Beans
Thursday, October 26	Baked Ziti Garlic Bread Broccoli
Friday, October 27	Baked Chicken Dinner Mashed Sweet Potatoes Corn

FRUIT AND SALAD BAR:

Mixed greens, baby carrots, grape tomatoes, cucumbers, olives, peppers, grapes, watermelon, honey dew melon, pineapple, cantaloupe, low fat cottage cheese, cubed cheese, eggs, fat free yogurt, wheat thins, wholegrain diner roll.

**ALL MEALS SERVED WITH YOUR CHOICE OF:
1% MILK, FAT FREE STRAWBERRY MILK,
FAT FREE CHOCOLATE MILK, AND 4oz OF JUICE**

PLEASE INFORM SERVER OF ANY ALLERGIES