



Tri-County Schools Lunch Menu

This institution is an equal opportunity provider

October 16 – 20, 2017



Monday, October 16	Grilled Chicken Sandwich Potato Wedges Broccoli
Tuesday, October 17	Turkey & Cheese Wraps Cole Slaw Potato Salad
Wednesday, October 18	Ham Dinner Scalloped Potatoes Peas & Carrots
Thursday, October 19	Hot Dogs on w.w. bun Vegetarian Beans Green Beans
Friday, October 120	Pizza Cheese, Meat, or Vegetable Corn

FRUIT AND SALAD BAR:

Mixed greens, baby carrots, grape tomatoes, cucumbers, olives, peppers, grapes, watermelon, honey dew melon, pineapple, cantaloupe, low fat cottage cheese, cubed cheese, eggs, fat free yogurt, wheat thins, wholegrain diner roll.

ALL MEALS SERVED WITH YOUR CHOICE OF:

**1% MILK, FAT FREE STRAWBERRY MILK,
FAT FREE CHOCOLATE MILK, AND 4oz OF JUICE**

PLEASE INFORM SERVER OF ANY ALLERGIES